



WELCOME TO THE 2021/22 SEASON! REGIONAL TEAM INFO SHEETS

Dakine Warriors Volleyball Club strives to be the premier indoor and beach volleyball club in the Puget Sound Region for athletes who wish to train and compete at the highest level possible and aspire to play collegiate volleyball. Our teams are trained by experienced coaches who are continuing to develop and hone their coaching skills.

All Dakine Regional teams will be participating in the USA Volleyball Puget Sound Region Power League.

OHANA/MISSION/VISION

OHANA

This is to us the very basis of our everything we do at Dakine. Ohana is not only the family you are born with but also the family that you intentionally choose. We rally around and support our Ohana at all times. Kindness, sportsmanship and community support are some of the hallmarks of our Ohana and we ensure that this is the goal of ALL members of Dakine. Whether you are a player, coach, administrator or parent, striving for the betterment of our Ohana is a requirement of all members of Dakine.

Our Mission

To provide superlative coaching and foster the best possible learning environment indoors, on the beach, or grass. To teach our family of athletes the fundamentals of the game of volleyball, and cultivate the desire in each to compete at the highest level. We want our athletes to develop the work ethic and discipline it takes to be an elite athlete, along with the importance of sportsmanship. We want to create complete athletes on the court, and even better people off the court.

Our Vision

To establish Dakine Volleyball area teams, players and coaches as the standard of excellence for junior volleyball in our region. Our goal is to have Dakine Athletes among the most highly recruited athletes in the country due to the skill development, volleyball IQ, academics and team culture that is developed at Dakine.

2021-22 PROJECTED REGIONAL TEAMS

These numbers are projections based on the previous season and anticipated changes. We ARE prepared to change some team qualifications based on the quality of our tryouts. We anticipate the following teams for the upcoming season:

UNIVERSITY PLACE

- **12 & Under:** 12-2 (Regional), 12-3 (Regional)
- **13 & Under:** 13 Shaka (Regional)
- **14 & Under:** 14 Tiki (Regional)



SEASON “BASICS”

- Season Length: December thru end of April (Tournaments Begin in January)
- Practices/Week:
 - 2/week for U14 Tiki (Monday/Wednesday 4:30 – 7:00)
 - 1/week for U12 & U13 Shaka (Friday 4:30 – 6:30pm)
- LOVB Whole Athlete Training Program featuring mental training, nutrition tips, and recovery techniques.
- Uniform Packages for all teams. This year we are using Under Armor - as they are one of the only National Volleyball Brands that is not having supply chain issues and has product on the ground in the US.
- All practice location costs included.
- All coaching costs included.
- All insurance and coaches training included.
- All equipment costs included.

ROSTERS & PLAYER DEVELOPMENT PHILOSOPHY

Dakine uses some of the following criteria for building rosters for our Girls’ National Program. Our goal is to play a great defensive game with strong offensive systems in place.

U12-U14 age groups we will employ the following philosophies.

- While we do have positions in game and develop players to their strengths we develop all players as VOLLEYBALL PLAYERS.
- All players will pass, set and learn how to hit from all positions on the net. All players will work on serving and serve receive.
- U12-U13 teams will run a 5-1 or a 6-2 offense depending on skill level of players.
- 14s teams will run either a 5-1 or 6-2 offense depending on skill level of players.
- All players will be developed in all skills. While players may have more specific roles in game situations, players will be developed to have the skills required to perform all the skills required to play volleyball.

PROGRAM FEATURES

Experienced, Professionally Trained Coaching Staff

Our coaches will undergo USAV background screenings and Safe Sport training. On the court, our coaches will complete LOVB’s internal certification process developed by our National Technical Director Jamie Morrison. Jamie is the former assistant coach of the US Women’s National Team and has 3 Olympic Medals to his credit.

2 Practices/Week

TENTATIVE Program Practice Schedule:

Monday	Wednesday	Friday
4:30p-7p - U14 Tiki	4:30p-7p – U14 Tiki	4:30p-7p – U12 Shaka/U13 Shaka



** Practice schedule is considered TENTATIVE prior to the season due to the fact that tryouts have not been completed for all age groups. All reasonable attempts to use the schedule will be made based on the number of teams and court availability.*

Position Training on ALL “Team” Practice Nights

Positional Training will be incorporated into all Team Practices as part of the practice plan. Players will spend significant time in each practice working at their positions both technically (fundamentals) and tactically (small groups with teammates).

Typical Practice Plan for Team Practice

U14 Tiki (2.5 hours)

- 10 min Pre-Practice Footwork & Warm-Up
- 20 min Serve & Pass
- 30 min Position Training (Technical/Tactical/Group)
- 30 min Defensive/Offensive Team Work
- 30 min Team System Work (Sideout or Transition)
- 30 min Scrimmage/Wash Drills

Important Club Events

- Oct 30th First Day of Tryouts (U12 – U14)
- Nov 29th First Day of Tryouts (U15 – U18)
- Dec 11th Tournament Play Begins
- Dec 24th-Jan 2nd Holiday Break
- January 8-9th USAV Power League Schedule Begins

What’s New for Dakine In 2021/22

- Dakine is now part of League One Volleyball (LOVB) ... bringing the first sustainable Women’s Professional league to the United States. LOVB and their member clubs are providing the first viable path through the club experience to professional opportunities for women in volleyball.
- LOVB’s Whole Athlete Training program will bring new aspects of training to our athletes including mental health, mindset, leadership, nutrition, and recovery. This training is driven by our National Technical Training director, Jamie Morrison.
- Dakine Coaches will be working within the LOVB Coach Training system. Ongoing Coach Education will be mandatory for all coaches throughout their seasons at Dakine.
- Dakine will be using a National Recruiting Coordinator for our athletes. Lauren Hansen will be guiding recruiting personally for our Dakine Recruiting Directors and our Athletes.
- We are excited to get back to regular competition! Last season was strange to say the least. We worked very hard to get our athletes opportunities to play volleyball locally and nationally. We are excited to have more opportunities this season!

2021-2022 DUES & FEES

Below are the dues and fees for the 2021-22 Season. Also, you will see both the Extended and Standard Payment Plans which families can choose from when registering for the season.



Tuition Payment in Full 5% Discount - \$3040.00

U14 Tiki SEASON DUES - \$3200

Extended Payment Plan

\$500 - Acceptance Fee
\$300 – November 15th
\$400 - January 15th
\$400 - February 15th
\$400 - March 15th
\$400 - April 15th
\$400 - May 15th
\$400 - June 15th

Standard Plan

\$500 - Acceptance Fee
\$500 - November 15th
\$500 - December 15th
\$500 - January 15th
\$500 - February 15th
\$500 - March 15th
\$200 - April 15th

U12/13 Shaka SEASON DUES - \$1500

Standard Plan

\$500 - Acceptance Fee
\$200 - November 15th
\$200 - December 15th
\$200 - January 15th
\$200 - February 15th
\$200 - March 15th

WHAT'S INCLUDED IN DUES?

- ALL Technical Director and Coaches' Fees
- ALL Practices/Training Sessions
- ALL Practice Gym Time
- ALL Equipment
- ALL Tournament Entry Fees
- LOVB's Whole Athlete Training Program (W.A.T. Program)
- Neurofuel – Neuro fuel is a Mental Training App developed specifically for volleyball players. This app was developed by some of the top minds in Volleyball Mental Training and is used by top Collegiate and Club programs. www.neuro-fuel.com
- ACH/Bank Transfer Processing Fees Included (**Credit Card Processing is an additional fee of 3.0% + 0.30**)
- FULL Uniform Package (3 Jerseys, 2 spandex shorts, 2 practice ts, warm up jacket, warm up pants, backpack, kneepads) Under Armor and other brands.

WHAT'S NOT INCLUDED IN FEES?

- **USAV Membership Fee** **Cost: \$55**
Required for all players to participate in practice and several tournaments.
- **Coaches' Overnight Travel Expenses** **2021-22**
It is possible that the U14 Tiki team will travel to participate in the Pacific Northwest Qualifier in



Spokane, WA. It is nearly impossible to accurately account for Overnight Travel Expenses prior to the season. Thus, those expenses are invoiced to the players throughout the season. Those expenses will include coach's travel (mileage/airfare), coach's per diem (food), and coaches' hotel for overnight events only. This is a pass through financial item for us and trips are invoiced after the event.

Each Travel Tournament fee will be approximately \$300 per event.

FUNDRAISING PROGRAMS

Dakine now offers fundraising programs. These programs include:

- **Opt-In Fundraisers**
We will offer opt-in fundraisers to assist families in offsetting dues/fees throughout the season.
- **Scholarship Fund**
We are now able to fundraise and accept donations to a 501c3 Scholarship Fund for Dakine Warriors. We are currently planning to host a Club Wide Bingo night as our inaugural Scholarship Fundraising event!

SEASON DISCOUNTS

Dakine is proud to offer Season Discounts for families that pay in full and/or have multiple players in the program. Please see the table below to determine the discount that would be applied:

- **Paid In Full Discount - Approximately 5% of season dues**
- **Sibling Discount - Approximately 3% of season dues (per child)**
If a family has multiple players in the club, the discount will be based on the program each player is participating in.

PAYMENT OPTIONS

Dakine uses DASH payment processing for dues and fees throughout the season that will ease the burden of staying on top of your fees. We request a credit card to be placed on your file to take care of all monthly payments on an auto payment schedule.

- Standard Payment Plans in installments
- Set it and forget it! Once you set your payment types your accounts will automatically be billed on the Payment Plan due dates throughout the season.
- Reminders and receipts ... you will receive automatic reminders and receipts throughout the season. Handy for financial tracking and to ensure your chosen payment account is ready.
- Pay your Travel Invoices in the system.
- Unique user dashboard to track your activity throughout the season.

Need a Custom Payment Plan? Please contact Ariana Hannemann to arrange a custom payment plan via email – ariana@dakinevc.com.

HOW TO MAKE YOUR PAYMENT

- Click on the "DASH REGISTRATION" at the top right at www.dakinevc.com.



- Log in to your account. On the right hand side of your account login you will see a box labelled “Billing” and “Upcoming Payment”. You can click here to pay your dues and invoices.
- When you accept your payment plan the system will auto bill your credit card for each of your payments. No need to login monthly to pay.

If you need to modify a payment schedule or payment date or have any questions about payments at all, please contact our Club Director **Ariana Hannemann** at **(206) 949-9137** or ariana@dakinevc.com. **Please note that if you do not communicate about financial obligations this will affect your athlete’s playing time. We do want to help but will require communication.**